Introduction

Tobacco use is the single most preventable cause of death in the world today, and is estimated to kill more than five million people every year – more than tuberculosis, HIV/AIDS and malaria combined. By 2030, the death toll will exceed eight million a year, unless urgent action is taken. Implementation of the World Health Organization Framework Convention on Tobacco Control (WHO FCTC) can reverse this devastating epidemic if it becomes a top public health priority especially for countries’ political leaders.

The Mauritania Report Card on the WHO FCTC provides descriptive analysis of country-level data that reflect the status and progress on some key articles of the WHO FCTC. This is one of a series of Report Cards for countries in the WHO African Region.

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Mauritania entry into force of the WHO FCTC
26 January 2006

WHO Framework Convention on Tobacco Control
Compliance dates for Mauritania
26 January 2009 Article 11: Health warnings on tobacco products and packaging
26 January 2011 Article 13: Bans on tobacco advertising, promotion & sponsorship
26 January 2011 Article 21: Next Report to the Conference of the Parties
Background

1. WHO Framework

Convention on Tobacco Control (WHO FCTC)

The WHO FCTC is an evidence-based treaty that was developed in response to the globalization of the tobacco epidemic. It was adopted by the World Health Assembly in 2003 and became international law on 27 February 2005. The treaty contains articles aimed at both reducing the supply of and demand for tobacco. This Report describes country progress on the following key WHO FCTC Articles and relevant Guidelines:

- Article 5.3: Protect public health policies from tobacco industry interference;
- Article 6: Price and tax measures to reduce the demand for tobacco;
- Article 8 provisions and Guidelines: Protection from exposure to tobacco smoke;
- Article 11 and Guidelines: Packaging and labelling of tobacco products;
- Article 13 and Guidelines: Tobacco advertising, promotion and sponsorship;
- Article 20: Research, surveillance and exchange of information.

2. Reporting Instrument of the WHO

The WHO FCTC requires countries that are Parties to the Convention (Parties) to submit periodic reports to the Conference of the Parties (COP). The objective of these reports is to “enable Parties to understand and learn from one another’s experiences in implementing the WHO FCTC.”

In accordance with WHO FCTC Article 21, Parties report initially 2 years after entry into force of the WHO FCTC for that Party, and then every 3 years, i.e.:

- Phase 1 (Group 1 questions): within 2 years of entry into force;
- Phase 2 (Group 2 questions): within 5 years of entry into force;
- Phase 3 (Group 3 questions): within 8 years of entry into force.

Reporting tools are provided at the WHO FCTC COP website: www.who.int/fctc/reporting/reporting_instrument/en/index.html

3. Global Tobacco Surveillance System (GTSS)

WHO, the US Centers for Disease Control and Prevention (CDC), and others began development of the GTSS in 1999 with the purpose of enhancing the capacity of countries to design, implement, and evaluate their national comprehensive tobacco control action plan and to monitor some key articles of the WHO FCTC. The GTSS includes four surveys:

- Global Youth Tobacco Survey (GYTS): school-based survey of students aged 13–15 years that provides information on demographics, tobacco use prevalence, and knowledge and attitudes.
- Global Health Professional Students Survey (GHPS): school-based survey of 3rd-year students pursuing advanced degrees in dentistry, medicine, nursing, or pharmacy.
- Global Adult Tobacco Survey (GATS): household survey that tracks tobacco use prevalence, exposure to risk, second-hand smoke, cessation, risk perceptions, knowledge and attitudes, exposure to media and price as well as taxation issues.
- Global School Personnel Survey (GSPS): school-based survey of students aged 13–15 years that provides information on demographics, tobacco use prevalence, and knowledge and attitudes.


These WHO reports detail information on internationally comparable prevalence estimates and data that allows assessment of country compliance with policies on smoke-free environments, treatment of tobacco dependence, health warnings and packaging, advertising, promotion and sponsorship bans, price and taxation levels, and key national capacity indices.
<table>
<thead>
<tr>
<th>Article</th>
<th>Requirement</th>
<th>Mauritania status</th>
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<tbody>
<tr>
<td>Article 5.1</td>
<td>Each Party shall develop, implement, periodically update and review comprehensive multisectoral national tobacco control strategies, plans and programmes, establish or reinforce and finance a national coordinating mechanism or focal points for tobacco control.</td>
<td>National agency with staff.</td>
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<td>Article 6</td>
<td>Take account of national health objectives concerning tobacco control and adopt or maintain measures which may include implementing tax and price policies on tobacco products so as to contribute to the health objectives aimed at reducing tobacco consumption; and prohibiting or restricting tax- and duty-free tobacco products.</td>
<td>Total tax on the most sold brand is 34%.</td>
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<td>Article 8</td>
<td>Adopt and implement measures, providing for protection from exposure to tobacco smoke in indoor workplaces, public transport, indoor public places and, as appropriate, other public places.</td>
<td>Protection from tobacco smoke exposure in health care facilities.</td>
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<tr>
<td>Article 11</td>
<td>Adopt measures within 3 years of entry into force that require display of rotated series of health warnings and other messages on tobacco product packaging that cover at least 30% of the principle display areas--ideally 50% or more, and include pictures or pictograms---and that prevent false, misleading or deceptive packaging and labelling.</td>
<td>Does not comply with Article 11 requirements.</td>
</tr>
<tr>
<td>Article 13</td>
<td>Undertake a comprehensive ban of all tobacco advertising, promotion and sponsorship within 5 years of entry into force.</td>
<td>Does not comply with Article 13 requirements.</td>
</tr>
<tr>
<td>Mauritania</td>
<td>National strategies, plans and programmes on tobacco control</td>
<td>National agency on tobacco control</td>
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<td>---------------------------------</td>
</tr>
<tr>
<td>Mauritania does not have national strategies, plans and programmes on tobacco control.</td>
<td>Mauritania has a national agency on tobacco control.</td>
<td>There is no national budget for tobacco control.</td>
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**National action**

Building national capacity to carry out effective and sustainable national tobacco control programmes is one of the most significant measures required to combat the tobacco epidemic. Successful implementation of the WHO FCTC requires establishing a national coordinating mechanism with an official government mandate for developing and coordinating a plan of action as well as for building a national infrastructure to implement and evaluate the plan.

AFRO recommends that Mauritania establish national strategies, plans and programmes for tobacco control and invest in a national tobacco control agency with adequate resources to meet the obligations of the WHO FCTC.

**Cessation**

The population in Mauritania does not have access to a toll-free quitline. Pharmacologic treatment for cessation (nicotine replacement therapy, bupropion or vareniclin) is not widely available. Smoking cessation support is not available in hospitals, offices of health professionals, primary care facilities or community centres.

A large proportion of currently smoking 13-15 year old students indicated that they wanted to stop; 76% in 2001, 73.7% in 2006 and 50% in 2009.

A large proportion of currently smoking students in Mauritania expressed a desire to stop smoking.
Tobacco use prevalence

Article 20 WHO FCTC on research, surveillance and exchange of information requires Parties to establish, as appropriate, programmes for national, regional and global surveillance of the magnitude, patterns, determinants and consequences of tobacco consumption and exposure to tobacco smoke.

AFRO recommends that countries obtain nationally representative and population-based periodic data on key indicators of tobacco use for youth and adults. AFRO also recommends that countries continue to successfully participate in the GYTS, expand participation in the GSPS, GHPS and GATS as well as other representative national surveys. Countries are also encouraged to report the findings widely and utilize them to inform tobacco control policy development, programme planning and evaluation.

Adult tobacco use

Among adults of 15-64 years old, prevalence of daily tobacco smoking was 17.8% in 2006 with 32.7% males and 4.8% females. The prevalence of smokeless tobacco use was 9% with 5.7% for male and 28.3% for female.

Youth tobacco use

Between 2001 and 2009, the prevalence of current cigarette smoking and current use of other tobacco products among 13-15 year old students have changed.

In 2001, 14.8% of students (boys=19.8%; girls=8.8%) currently smoked cigarettes and 14.9% (boys=15.8%; girls=13.4%) currently used other tobacco products.

In 2006, 19.5% of students (boys=20.3%; girls=18.3%) currently smoked cigarettes and 18% (boys=18.4%; girls=17.3%) currently used other tobacco products.

In 2009, 11.6% of students (boys=14.6%; girls=9%) currently smoked cigarettes and 13.1% (boys=15.9%; girls=10.2%) currently used other tobacco products.

In Mauritania, the prevalence of smokeless tobacco use among women is relatively high.
Smoke-free policies

Countries should protect people from tobacco smoke

- Every person has a right to breathe air free of tobacco smoke.
- In addition to protecting the health of non-smokers, smoke-free environments encourage smokers to quit.
- Evidence from pioneering countries shows that smoke-free laws do not harm businesses and are popular with the public.
- Permitting smoking in designated areas undermines the benefit of smoke-free environments.

Mauritania law

Article 8 of the WHO FCTC mandates protection from exposure to tobacco smoke in indoor workplaces, public transport and indoor and other public places. Guidelines for this Article were unanimously adopted by the Conference of the Parties in July 2007.

AFRO recommends that countries enact and enforce completely smoke-free environments in all indoor public places including workplaces, restaurants and bars. AFRO further recommends that all countries should become compliant with the requirements of Article 8 guidelines, and that 100% smoke-free environments should become the norm in all societies.

Mauritania has regulation to protect from tobacco smoke exposure in health-care facilities. There is no such regulation in educational facilities, universities, governmental facilities, indoor offices, other indoor workplaces, public transport, restaurants, pubs & bars. There are no subnational measures on smoke-free environments.

Youth exposure to second-hand smoke

In 2001 to 2009, exposure of 13-15 years old students to second-hand tobacco smoke was high.

In 2001, almost half of the students (46.3%) lived in homes where others smoked in their presence and over half of the students (53.8%) were exposed to tobacco smoke outside their homes. In 2006, over four in ten students (42.7%) lived in homes where others smoked in their presence and over half of the students (53.6%) were exposed to tobacco smoke outside their homes. In 2009, over three in ten students (37.5%) lived in homes where others smoked in their presence and over half of the students (50.9%) were exposed to tobacco smoke outside their homes. The proportion of students in support of banning smoking in public places was 61.9% in 2001, 58.2% in 2006 and 58.7% in 2009.
Health warnings and education

Countries should warn about the dangers of tobacco use and exposure to tobacco smoke

<table>
<thead>
<tr>
<th>Current warning</th>
<th>Best practice warning</th>
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<tr>
<td>NO rotating, specific health warnings or large, clear text</td>
<td>Rotating, specific warnings and large, clear text</td>
</tr>
<tr>
<td>NO mandate for principal display surface</td>
<td>65% of display surface</td>
</tr>
<tr>
<td>NO pictures or pictograms</td>
<td>Pictures or pictograms</td>
</tr>
<tr>
<td>NO ban on false, misleading or deceptive packaging and labelling</td>
<td>Ban on false, misleading or deceptive packaging and labelling</td>
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Best practice

Article 11 WHO FCTC requires Parties to implement clear health warnings and measures that remove false or misleading promotion of tobacco products.

Relatively few tobacco users fully grasp the health dangers. Hard-hitting anti-tobacco advertising and graphic pack warnings reduce the number of children who begin smoking and increase the number of smokers who quit.

Pictures are more powerful deterrents than words on tobacco packaging warnings, but globally, only 15 countries mandate pictorial warnings. Just five countries meet the highest standards for pack warnings.

Countries should also promote and strengthen public awareness of tobacco control issues, using all available communication tools.

Mauritania labelling

There is no ban on use of deceitful terms, such as ‘low tar’, ‘light’ or ‘mild’ on tobacco product packaging in Mauritania. The country does not mandate that a certain percentage of the principal display area on tobacco product packaging be covered by a health warning. No specific health warnings are mandated by law.

Mauritania education

Between 2001 and 2009, there was a decrease then increase in proportion of students that were taught about tobacco in school. In 2001, 46.8% of students were taught about dangers of smoking and 48.5% about the effects of tobacco use. In 2006, 39.6% of students were taught about dangers of smoking and 36.7% about the effects of tobacco use. In 2009, 43.1% of students were taught about dangers of smoking and 37.6% about the effects of tobacco use.
Mauritania bans

Mauritania does not have national bans on direct tobacco advertising. Further, there is no ban on tobacco promotion or sponsorship.

Youth exposure

Exposure to tobacco advertising among 13-15 years old students was high in 2001 to 2009.

In 2001, 73.5% and 63.6% of students saw pro-tobacco advertising on billboards and newspapers/magazines, respectively.

In 2006, 69% and 61.6% of students saw pro-tobacco advertising on billboards and newspapers/magazines, respectively.

In 2009, 61.8% and 53.8% of students saw pro-tobacco advertisements on billboards and newspapers/magazines, respectively. Proportion of students who had an object with a cigarette brand logo was 24.8% in 2001, 27.8% in 2006 and 21.6% in 2009.
Best practices

Tobacco taxes are the most effective way to reduce tobacco use, especially among young people and the poor. Tobacco tax increases also increase government revenues. Only four countries, representing 2% of the world's population, have tax rates greater than 75% of the retail price.

In countries with available information, tobacco tax revenues are more than 500 times higher than spending on tobacco control. In low- and middle-income countries, tobacco tax revenues are more than 9000 and 4000 times higher than spending on tobacco control, respectively.

Mauritania taxes

In 2009 the price of the most sold brand of cigarettes in local currency was about US $1.35. The total taxes on most sold brand are 34%; total excise on most sold brand is 20%.

Increasing tobacco taxes by 10% generally decreases tobacco consumption by about 8% in low- and middle-income countries.

*20-cigarette pack of most sold brand
Mauritania policy recommendations

National action

AFRO recommends that successful implementation of the WHO FCTC requires establishing a national coordinating mechanism with an official government mandate for developing and coordinating a plan of action as well as for building a national infrastructure to implement and evaluate the plan.

Mauritania should establish tobacco control strategies, plans and programmes and a national coordinating mechanism.

Smoke-free policies

AFRO recommends that countries become compliant with WHO FCTC Article 8 requirements and its guidelines and enact and enforce completely smoke-free environments in all indoor public places including workplaces, restaurants and bars.

Mauritania should become fully compliant with WHO FCTC Article 8 requirements and its guidelines.

Health warnings and education

AFRO recommends that countries fully comply with WHO FCTC Article 11 requirements and its guidelines and implement large, prominent, strong and effective graphic health warnings on packages, require effective package warning labels, implement counter-tobacco advertising, and obtain free media coverage of anti-tobacco activities.

Mauritania should raise tobacco taxes, ensure tobacco taxes are adjusted periodically, strengthen tax administration and protect public health policies from tobacco industry interference.

Bans on advertising, promotion and sponsorship

AFRO recommends that countries enact and enforce effective legislation that comprehensively bans any form of direct tobacco advertising, promotion and sponsorship; also, enact and enforce effective legislation to ban indirect tobacco advertising, promotion and sponsorship in line with WHO FCTC Article 13.

Mauritania should become fully compliant with WHO FCTC Article 13 requirements by January 2011.

Tobacco prices and taxes

AFRO recommends that countries increase tax rates for tobacco products to be at least 70% of retail prices and ensure that they are adjusted periodically to keep pace with inflation and rise faster than consumer purchasing power. It is also recommended that countries strengthen tax administration to reduce the illicit trade in tobacco products.

In addition, countries should protect public health policies from tobacco industry interference.

Mauritania should become fully compliant with WHO FCTC Article 11 requirements and its guidelines.

References

4. MPOWER: A policy package to reverse the tobacco epidemic, WHO 2008
7. WHO Framework Convention on Tobacco Control, WHO 2003